DOCUMENT RESUME

ED 337 736 CG 023 731

TITLE AIDS and Adolescents. A Resource Listing for Parents and Professionals. Reference Sheet #11.
INSTITUTION Planned Parenthood Federation of America, Inc., New York, N.Y.
PUB DATE Jul 89
NOTE 20p.
AVAILABLE FROM Planned Parenthood Federation of America, Inc., Education Dept., New York, NY 10019.
PUB TYPE Reference Materials - Bibliographies (131)

EDRS PRICE MF01 Plus Postage. PC Not Available from EDRS.
DESCRIPTORS *Acquired Immune Deficiency Syndrome; *Adolescents; Annotated Bibliographies; *Parents; *Professional Personnel

ABSTRACT

A bibliography of materials on Acquired Immune Deficiency Syndrome (AIDS) and adolescents is presented. The first section presents annotations of printed materials. Twenty-five items are listed for adolescents, 9 for parents, and 22 for professionals. The second section presents 12 annotations of videos. The last section describes 12 AIDS information programs. A list of national and regional hotline numbers for AIDS resources is included. (ABL)

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# AIDS

## and Adolescents

**A**

**Resource**

**Listing**

**for**

**Parents**

**and**

**Professionals**

U.S. DEPARTMENT OF EDUCATION
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**Reference Sheet #11**

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# AIDS and Adolescents
# A Resource Listing for Parents and Professionals

Professionals working in the health and education fields face what is, perhaps, our most profound challenge -- to inform, educate and counsel in sane, humane and effective ways about Acquired Immune Deficiency Syndrome...AIDS. Parents, too, are concerned about protecting their young people from infection by this virus, and at the same time do not wish to unduly frighten them. This booklet is a tool for any professional or parent concerned with bringing accurate, timely information about AIDS to young people. It also is designed for use by adolescents.

Young people are vulnerable to HIV infection because they engage in risky behaviors -- experimenting in sexual activities and using drugs -- often with the belief that "this one time can't hurt." In some communities this problem is more severe than in others, but as an American College Health Association survey of 19 college campuses around the country shows, one in 500 college students is currently infected, based on blood tests of the sample studied. The latency period between the time of infection and onset of symptoms can be as long as seven to 10 years. Therefore many people in their 20s who currently display AIDS symptoms were likely infected in their teens. Adolescents, parents and helping professionals must make clear what the risks are, what can be done to reduce the risks, and what resources are available to enable young people, in a sex-positive context, to protect themselves from exposure.

This booklet is meant to be a road map. It is by no means exhaustive. In fact, it is difficult to keep up with the avalanche of materials and new ideas. AIDS-oriented organizations are springing up daily -- those already in action may disappear overnight, and those that remain continually generate new items. We encourage you to send us literature and information on organizations that you represent or know about, and we will include that in our collection of resources for future updates. Your efforts will help us stay informed and better serve your needs.

Some of the safer sex publications listed in this booklet are effective because they are direct, explicit and erotic. They may not be appropriate for the young people you work with, but the ideas and approaches may be adaptable to their needs. We recommend that you review all materials carefully before using them for your specific audiences.

Finally, please note that inclusion in this booklet does not constitute an endorsement by Planned Parenthood of the materials or organizations listed.

# PRINTED MATERIALS

**This section is divided into categories of material developed for adolescents, parents, and professionals. Within those categories are brochures, bibliographies, guides and curricula.**

## ADOLESCENTS

AIDS: ACQUIRED IMMUNE DEFICIENCY SYNDROME
American Library Association, 50 East Huron Street, Chicago, IL 60611, (800) 545-2444, 1988. Brochure. $.50 each; bulk rates available.

A bibliography of recommended books on AIDS for youth: nonfiction and fiction, for older and younger readers. Also listed are books for adults working with youth.

AIDS
Commercial Comics, Inc, 1500 Massachusetts Avenue, NW, Washington, DC 20005, (202) 659-9666, 1987. Comic book. $150.00 for 500 (minimum order); bulk rates available.

The facts about the AIDS virus presented in old-fashioned comic-book style. Low level literacy.

AIDS CAN HAPPEN TO YOU!
Kidsrights, PO Box 851, 3700 Progress Boulevard, Mount Dora, FL 32757, (800) 892-5437 or (904) 483-1100, 1987. Brochure. $.22 each for 1-499; bulk rates available; custom imprint available.

Basic facts about prevention aimed at teens. Simple and direct.

AIDS FACTS -- A MAGAZINE FOR YOU AND YOUR FAMILY
Classroom Connections, Inc., PO Box 2208, Merced, CA 95344, (916) 444-6009, 1988. Journal, 32 pp. $3.50 for 1-49 copies plus 10% postage and handling; bulk rates available.

A news magazine designed to provide young people and adults with a complete understanding of the disease and its personal, social and political dimensions. Includes a profile of the reactions of two school systems to the existence of the virus, a chronological chart of plagues and epidemics that have changed the course of history, and a listing of national AIDS hotlines.

AIDS PAMPHLETS FROM THE SEATTLE-KING COUNTY DEPARTMENT OF PUBLIC HEALTH
Seattle-King County Department of Public Health, AIDS Project, 110 Prefontaine Avenue South, Seattle, WA 98104, (206) 587-4999, 1987. Packet.

A collection of five handsome pamphlets with basic information. Titles are: "Q and A About AIDS," "AIDS: What You and Your Friends Need to Know," "Advice About AIDS," "AIDS Virus Antibody," and "An Ounce of Prevention."

AIDS: WHAT YOUNG ADULTS SHOULD KNOW
William Yarber. American Alliance for Health, Physical Education, Recreation and Dance, 1900 Association Drive, Reston, VA 22091, (703) 476-3400, 1987. Curricula, instructors guide; 44 pp, student guide 20 pp.

Focuses on individual choices in prevention, risk behaviors, and changing health-promoting attitudes among young people. Separate teacher and student guides. Can be coordinated with STD curriculum by same author.

ANDREA AND LISA
Health Education Resource Organization (HERO), 101 West Read Street, Suite 812, Baltimore, MD 21201, (301) 685-1180, 1987. Booklet, 8 pp.

Modern looking comic strip targeting female teen audience. Includes safer sex quiz.

BE SMART ABOUT SEX AND AIDS
Planned Parenthood of Kansas, 2226 East Central, Wichita, KS 67614, (316) 263-7575, 1988. Poster. $3.00 plus $1.50 postage and handling per poster.

Black and white heavy-weight photo posters -- one shows a white teenaged couple and the other a minority teenaged couple. Both list the facts about safer sex. There is an accompanying brochure which lists facts about AIDS and safer sex, specifically targeted at teens.

CHICOS MODERNOS
AID for AIDS, Core Program, 8235 Santa Monica Blvd. Suite 200, West Hollywood, CA 90046, (213) 656-1107, 1987. Booklet, 15 pp.

Adult comic book of safer sex information targeted at young homosexual males. Includes information on correct condom use and models for talking with a partner. Low level literacy. Available in Spanish.

COREY'S STORY
Minnesota AIDS Project, 2025 Nicollet Avenue, Minneapolis, MN 55404, (612) 870-7773, 1987. Comic book.

Action-packed comic about negotiating safer sex.

HERE'S WHAT TEENAGERS ARE SAYING ABOUT CONDOMS
Planned Parenthood Alameda/San Francisco, 815 Eddy Street, Suite 300, San Francisco, CA 94109, (415) 441-7858, 1988. Brochure. $20.00/100 for 1-199 brochures.

A pocket-sized brochure written by and for teens. Includes quotes from teens about condoms and explains correct condom use.

"IT'S YOUR LIFE. WHY TAKE CHANCES?"
Gay and Lesbian Adolescent Health Services, 8235 Santa Monica Boulevard, Suite 214, Los Angeles, CA 90046, (213) 653-3496. Brochure.

A brochure illustrated with a photograph of Brooke Shields asking the title question. Lists common myths about AIDS and the facts to debunk them. Discusses the choices people have in protecting themselves.

KNIGHTVISION BATTLES THE HIDDEN ENEMY
Planned Parenthood of New York City, Communications Department, 380 Second Avenue, New York, NY 10010, (212) 777-2002, 1988. Miscellaneous, 16 pp.

An action-packed, street-wise comic book on Knightvision's attempts to fight the HIV virus, using his super-human powers. The basics of self-protection - condoms and needle cleaning - are covered. The last page explains how to use a condom - "Good Birth Control, Good AIDS Protection." This comic book is being used in PPNYC's outreach effort, Project Street Beat.

LASSO: AIDS "THE DANGER IS REAL"
George Mason Junior Senior High School, 7124 Leesburg Pike, Falls Church, VA 22043, (703) 241-7620, 1987. Newsletter.

An interesting, multi-faceted look at the impact of AIDS on teens from various perspectives. Includes student commentary, interviews with leading researchers, attitude surveys and personal accounts. Produced by and for teens.

A LETTER FROM BRIAN
American Red Cross, National Headquarters, 17 D Street NW, Washington, DC 20006, (202) 737-8300, 1987. Packet.

A comprehensive school and family program involving students, teachers and parents. Consists of a 29-minute video (see AVS), a student's booklet, a teacher/leader's guide, and a brochure for parents.

LOVE IN THE 1980'S
Planned Parenthood of New York City, Inc., 380 Second Avenue, Third Floor, New York, NY 10010, (212) 677-6474, 1988. Brochure.

A colorful brochure that describes condoms and foam as contraceptives and for AIDS prevention. There are sections on using and choosing and what to know when you shop.

PEER EDUCATION: TEENS TEACHING TEENS ABOUT AIDS AND HIV INFECTION PREVENTION
Center for Population Options, 1012 14th Street, NW, Suite 1200, Washington, DC 20005, (202) 347-5700, 1989. Pamphlet, 28 pp.

A short guide that explains the rationale for setting up peer education programs and briefly describes how to develop a program, obtain community and parental support, train participants, and evaluate effectiveness. Four exemplary programs are described.

RAPPIN': TEENS, SEX AND AIDS
Multicultural Prevention Resource Center, 1540 Market Street, Suite 320, San Francisco, CA 94102, (415) 861-2142, 1988. Comic book.

A comic book for teenage women supplying basic AIDS information. Corresponding comic for teenage men to be published. Low level literacy.

RISKY BUSINESS
Dave Cherry, Winthrop Prince. San Francisco AIDS Foundation, Materials Department, 333 Valencia, 4th Floor, San Francisco, CA 94101-6182, (415) 864-4376, 1988. Miscellaneous, 19 pp. $1.00 per copy; bulk rates available.

Two comics about AIDS for teens: "AIDS Virus" and "Risky Business." Very cleaver and appropriate for a teenage audience. The disease is explained, including the body's response, and ways to prevent it.

SAN FRANCISCO AIDS FOUNDATION PACKET OF BROCHURES
San Francisco AIDS Foundation, 333 Valencia Street, PO Box 6182, San Francisco, CA 94101-6182, (415) 861-3397. Brochure.

A collection of five brochures that describe various services and publications of the San Francisco AIDS Foundation. Titles are "AIDS Home and Hospice Care," "Women, Children and AIDS," "Strengthen Your Community, Strengthen Yourself: Volunteer," "Talk About AIDS," and "The Parent-Teen AIDS Education Project."

SATURDAY NIGHT SPECIAL
Ana Consuelo Matiella. ETR Associates, Network Publications, PO Box 1830, Santa Cruz, CA 95061-1830, (408) 438-4080, 1989. Miscellaneous, 27 pp. $1.50 each; 50 copies for $50.00; bulk rates available.

A believable photonovella using black and hispanic teenage actors and actresses to convey basic AIDS information. Low level literacy.

TEENS AND AIDS
Network Publications, PO Box 1830, Santa Cruz, CA 95061-1830, (408) 438-4080, 1987. Brochure. $11.00 for 50 plus 15% postage and handling.

A lively and comprehensive brochure that explains the transmission of the virus and prevention information. Clear and simple language.

TEENS NEED TO KNOW ABOUT AIDS
Planned Parenthood Association of Champaign County, Education Department, 314 South Nell Street, Champaign, IL 61820, (217) 359-3418, 1987. Brochure. $10.00/50.

This brochure highlights key facts about the virus and provides a reference guide for teens as well as those who work with teens. Direct and clear.

WHAT EVERY TEENAGER SHOULD KNOW ABOUT AIDS
Aid to End AIDS Committee, PO Box 40389, Memphis, TN 38174-0389, (901) 272-0855, 1988. Brochure.

Answers basic questions about AIDS: What is AIDS?; How is AIDS transmitted?; Who gets AIDS?; Should I avoid a person with AIDS?; What's being done to find a cure?; Is there a test?; What are the signs of AIDS? A glossary and true/false quiz follow the answers. The brochure was written in cooperation with The American Red Cross (Memphis Area Chapter). (Reproduction rights are available.)

WHAT YOUNG PEOPLE SHOULD KNOW ABOUT AIDS
Channing L. Bete Co., Inc., South Deerfield, MA 01373, (413) 665-7611, 1988. Pamphlet, 14 pp.

A simple pamphlet providing basic information about AIDS along with line drawings.

**PARENTS**

AIDS: ACQUIRED IMMUNE DEFICIENCY SYNDROME
American Library Association, 50 East Huron Street, Chicago, IL 60611, (800) 545-2444, 1988. Brochure. $.50 each; bulk rates available.

A bibliography of recommended books on AIDS for youth: nonfiction and fiction, for older and younger readers. Also listed are books for adults working with youth.

AIDS AND THE EDUCATION OF OUR CHILDREN
United States Department of Education, William J. Bennett, Secretary, Consumer Information Center, Department ED, Pueblo, CO 81009, 1987. Booklet, 28 pp.

This guide for parents and teachers presents the basic facts about the medical aspects of the disease and the transmission of the virus as well as statistics on teen sexual activity and drug use. It then offers suggestions on how teachers and parents should educate their children about AIDS and sex. The overall message promotes abstinence. Condoms are discussed, but their failure rate is emphasized.

AIDS FACTS -- A MAGAZINE FOR YOU AND YOUR FAMILY
Classroom Connections, Inc., PO Box 2208, Merced, CA 95344, (916) 444-6009, 1988. Journal, 32 pp. $3.50 for 1-49 copies plus 10% postage and handling; bulk rates available.

A news magazine designed to provide young people and adults with a complete understanding of the disease and its personal, social and political dimensions. Includes a profile of the reactions of two school systems to the existence of the virus, a chronological chart of plagues and epidemics that have changed the course of history, and a listing of national AIDS hotlines.

HOW TO TALK TO YOUR TEENS AND CHILDREN ABOUT AIDS
The National PTA, 700 North Rush Street, Chicago, IL 60611-2571, (312) 787-0977, 1988. Pamphlet.

Basic facts about the virus plus specific guidelines for what to say to teens and children about AIDS. Age appropriate information is discussed.

A LETTER FROM BRIAN
American Red Cross, National Headquarters, 17 D Street NW, Washington, DC 20006, (202) 737-8300, 1987. Packet.

A comprehensive school and family program involving students, teachers and parents. Consists of a 29-minute video (see AVS), a student's booklet, a teacher/leader's guide, and a brochure for parents.

SAN FRANCISCO AIDS FOUNDATION PACKET OF BROCHURES
San Francisco AIDS Foundation, 333 Valencia Street, PO Box 6182, San Francisco, CA 94101-6182, (415) 861-3397. Brochure.

A collection of five brochures that describe various services and publications of the San Francisco AIDS Foundation. Titles are "AIDS Home and Hospice Care," "Women, Children and AIDS," "Strengthen Your Community, Strengthen Yourself: Volunteer," "Talk About AIDS," and "The Parent-Teen AIDS Education Project."

STEPS TO HELP YOUR SCHOOL SET UP AN AIDS EDUCATION PROGRAM AND CRITERIA FOR EVALUATING AN AIDS CURRICULUM
National Coalition of Advocates for Students, 100 Boylston Street, Suite 737, Boston, MA 02116-4610, (617) 357-8507, 1988. Packet, 19 pp. for "Steps"; 23 pp. for "Criteria" $3.00 for "Steps"; $4.00 for "Criteria". Bulk rates available.

"Steps" is a guide for adults who are involved in helping schools set up AIDS education programs. It outlines the school's and community's responsibilities, explains why teens are at risk for getting AIDS, presents basic facts about the disease, makes suggestions for working with a school and choosing an appropriate AIDS curriculum for grades K-12, and provides a list of resources. "Criteria" offers approaches to AIDS education at various school levels. It also includes sections on staff training and parental and community involvement.

TALKING WITH YOUR TEEN ABOUT AIDS
San Francisco AIDS Foundation, 333 Valencia Street, P.O. Box 6182, San Francisco, CA 94101-6182, (415) 861-3397, 1988. Brochure. $.30 for 25-99 plus shipping and handling; bulk rates available; 25% discount for nonprofits serving AIDS, ARC, high risk, and HIV-positive.

A very simple brochure urging parents to speak with their teenage children about AIDS and feelings about sex and drug use. Also available in Spanish.

TALKING WITH YOUR TEENAGER ABOUT AIDS
Network Publications, PO Box 1830, Santa Cruz, CA 95061-1830, (408) 438-4080, 1988. Brochure.

This guide for parents covers how to prepare oneself for discussing AIDS with adolescents, how to initiate a discussion, important and appropriate messages to give, and suggests basic communication skills to enable active listening.

**PROFESSIONALS**

AIDS: ACQUIRED IMMUNE DEFICIENCY SYNDROME
American Library Association, 50 East Huron Street, Chicago, IL 60611, (800) 545-2444, 1988. Brochure. $.50 each; bulk rates available.

A bibliography of recommended books on AIDS for youth: nonfiction and fiction, for older and younger readers. Also listed are books for adults working with youth.

AIDS AND ADOLESCENTS: THE TIME FOR PREVENTION IS NOW
Debra W. Haffner, Center for Population Options, 1012 14th Street, NW, Suite 1200, Washington, DC 20005, (202) 347-5700, 1987. Report, 22 pp.

Outlines strategies for prevention of AIDS among teenagers and discusses ways in which educators and leaders can encourage teens to delay sexual involvement, or to use condoms if they are already sexually active.

AIDS AND THE EDUCATION OF OUR CHILDREN
United States Department of Education, William J. Bennett, Secretary, Consumer Information Center, Department ED, Pueblo, CO 81009, 1987. Booklet, 28 pp.

This guide for parents and teachers presents the basic facts about the medical aspects of the disease and the transmission of the virus as well as statistics on teen sexual activity and drug use. It then offers suggestions on how teachers and parents should educate their children about AIDS and sex. The overall message promotes abstinence. Condoms are discussed, but their failure rate is emphasized.

AIDS: CHANGING THE RULES DISCUSSION GUIDE
AIDSFILMS, 50 West Thirty-fourth Street, Suite 6B6, New York, NY 10001, (212) 629-6288, 1987. Guide.

A discussion guide for the film "AIDS: Changing the Rules," a press package, and a proposal to produce ten short prevention films promoting safer sex and drug use practices.

AIDS EDUCATION FOR PRE-TEENS: A SENSIBLE APPROACH
Rosalie Williams and David Shepard. New Day Films, 1697 Broadway, Room 1212, New York, NY 10019, (212) 247-0511, 1988. Guide, 24 pp. $5.00; bulk rates available.

A new teacher's guide which can be used as a companion to the films "Am I Normal?" and "Dear Diary." It was written by Rosalie Williams and David Shepard, the producer and writer of the films, respectively. It contains suggested sessions, six worksheets, and lists of various resources.

AIDS FACTS -- A MAGAZINE FOR YOU AND YOUR FAMILY
Classroom Connections, Inc., PO Box 2208, Merced, CA 95344, (916) 444-6009, 1988. Journal, 32 pp. $3.50 for 1-49 copies plus 10% postage and handling; bulk rates available.

A news magazine designed to provide young people and adults with a complete understanding of the disease and its personal, social and political dimensions. Includes a profile of the reactions of two school systems to the existence of the virus, a chronological chart of plagues and epidemics that have changed the course of history, and a listing of national AIDS hotlines.

AIDS: THE KILLER PLAGUE OF THE 80'S

Juvenile Justice Center School, Dade County Public Schools, 3300 NW Twenty-seventh Avenue, Miami, FL 33142, (305) 638-5054, 1988. Curricula, 100 pp.

This is an AIDS curriculum used in a juvenile detention center. Explores the disease as it relates to this high-risk population. The news articles included are frightening and there is a strong emphasis on saying "no" to sex as well as drugs. Does utilize the cognitive-behavioral approach to learning in the lessons.

AIDS: WHAT YOUNG ADULTS SHOULD KNOW

William Yarber. American Alliance for Health, Physical Education, Recreation and Dance, 1900 Association Drive, Reston, VA 22091, (703) 476-3400, 1987. Curricula, instructors guide; 44 pp, student guide 20 pp.

Focuses on individual choices in prevention, risk behaviors, and changing health-promoting attitudes among young people. Separate teacher and student guides. Can be coordinated with STD curriculum by same author.

BRIDGES OF RESPECT: CREATING SUPPORT FOR LESBIAN AND GAY YOUTH

Katherine Whitlock. American Friends Service Committee, Available from Planned Parenthood of Southeastern Pennsylvania, 1220 Sansom Street, Philadelphia, PA 19107, (215) 351-5590, 1988. Guide, 97 pp. $7.50 plus 20% postage and handling.

A resource guide for professionals working with adolescents, intended to create and/or heighten awareness of homophobia. It explores how youth programs can be more sensitive to the needs of lesbian and gay adolescents. Provides helpful resources.

CRITERIA FOR EVALUATING AN AIDS CURRICULUM

National Coalition of Advocates for Students (NCAS), 100 Boylston Street, Suite 737, Boston, MA 02116, (617) 357-8507, 1987. Guide.

A checklist for evaluating AIDS curricula and advocating for the establishment of high quality teaching materials. Also includes a listing of age-appropriate approaches to AIDS education K-12.

EDUCATING ADOLESCENTS ABOUT AIDS IN "JOURNAL OF HOME ECONOMICS," WINTER 1987

Sally A. Koblinsky, Janet E. Preston, and Gladys Gary Vaughn. American Home Economics Association, 2010 Massachusetts Avenue, N.W., Washington, DC 20036-1028, (202) 862-8300, 1987. Article, 6 pp.

Basic facts, commonly asked questions, and suggested instructional materials to be used when teaching about AIDS in junior and senior high school home economics classes. Includes a useful "Twelve Tips for Teaching About AIDS."

ENTERING ADULTHOOD: PREVENTING SEXUALLY RELATED DISEASE

Betty M. Hubbard. ETR Associates, Network Publications, PO Box 1830, Santa Cruz, CA 95061-1830, (408) 438-4080, 1989. Curricula, 110 pp. $19.95.

Part of Network's Contemporary Health Series, this curricula for grades 9-12 offers 6 lesson plans and activities to teach about STDs, STD prevention, and STD symptoms, diagnosis and treatment. One lesson is devoted to condoms and another to AIDS.

INTO ADOLESCENCE: LEARNING ABOUT AIDS

Jory Post and Carole McPherson. ETR Associates, Network Publications, PO Box 1830, Santa Cruz, CA 94061-1830, (408)438-4080, 1988. Curricula, 232 pp. $19.95 plus 15% postage and handling.

Part of Network's "Contemporary Health Series" - a series of curricula on various topics related to adolescence and early adulthood. This curriculum, for grades 5-8, presents a graduated listing of activities and informaiton appropriate to the school levels in focus. Teacher responsibilities and parent involvement are additional topics addressed.

LEARN & LIVE: A TEACHING GUIDE ON AIDS PREVENTION

Massachusetts Department of Health, Office of Health Resources, AIDS Program, Boston, MA 02111, (617) 727-0368. Curricula, 36 pp.

The AIDS curriculum developed for the Massachusetts Department of Education by many individuals and agencies in that state, using the Network Publications curriculum "Teaching AIDS" as a basis. It provides background materials for teachers, lesson plans, and student activity handouts.

A LETTER FROM BRIAN

American Red Cross, National Headquarters, 17 D Street NW, Washington, DC 20006, (202) 737-8300, 1987. Packet.

A comprehensive school and family program involving students, teachers and parents. Consists of a 29-minute video (see AVS), a student's booklet, a teacher/leader's guide, and a brochure for parents.

PREVENTING AIDS THROUGH EDUCATION

Minnesota Department of Education/Minnesota Curriculum Services Center, 3554 White Bear Avenue, White Bear Lake, MN 55110, (800) 652-9024 or (612) 770-3943, 1986. Curricula, 115 pp.

A set of resources to help educators prepare classroom presentations about AIDS. Reusable activity sheets included.

RESOURCES FOR EDUCATORS

The Center for Population Options, 1012 Fourteenth Street, NW Suite 1200, Washington, DC 20005, (202) 347-5700. Newsletter. $2.00.

A bibliography of AIDS education materials appropriate for teens.

STEPS TO HELP YOUR SCHOOL SET UP AN AIDS EDUCATION PROGRAM AND CRITERIA FOR EVALUATING AN AIDS CURRICULUM

National Coalition of Advocates for Students, 100 Boylston Street, Suite 737, Boston, MA 02116-4610, (617) 357-8507, 1988. Packet, 19 pp. for "Steps"; 23 pp. for "Criteria" $3.00 for "Steps"; $4.00 for "Criteria". Bulk rates available.

"Steps" is a guide for adults who are involved in helping schools set up AIDS education programs. It outlines the school's and community's responsibilities, explains why teens are at risk for getting AIDS, presents basic facts about the disease, makes suggestions for working with a school and choosing an appropriate AIDS curriculum for grades K-12, and provides a list of resources. "Criteria" offers approaches to AIDS education at various school levels. It also includes sections on staff training and parental and community involvement.

TEACHER'S CURRICULUM GUIDE ON AIDS: FOR USE BY MIDDLE SCHOOL AND HIGH SCHOOL TEACHERS

Cheri A. Pies and Elizabeth J. Stoller. AIDS Education for Youth Project, Lorena Martinez-Ochoa, 1950 Mission Street, San Francisco, CA 94103, (415) 565-9624, 1987. Curricula, 51 pp.

Used in San Francisco and intended for use by middle and high school teachers. The curriculum focuses on basic information about the virus, prevention measures, and the effects of AIDS on a community.

TEACHING AIDS

Marcia Quackenbush and Pamela Sargent. Network Publications, ETR Associates, 1700 Mission Street, Suite 203, PO Box 1830, Santa Cruz, CA 95061-1830, (408) 438-4080, 1988 revision. Curricula, 158 pp.

The 1988 revision of this practical and effective collection of lesson plans for adolescents. Presents AIDS within the context of other communicable diseases, and empowers teens to protect themselves from the virus by staying educated about it.

TEACHING SAFER SEX

Peggy Brick with Catherine Charlton, Hillary Kunins, and Steve Brown. The Center for Family Life Education, Planned Parenthood of Bergen County, 575 Main Street, Hackensack, NJ 07601, (201) 489-1265, 1989. Curricula, 92 pp. $19.95 plus $3.00 postage and handling.

This curriculum offers a realistic approach to educating teenagers who choose to be sexually active, by teaching them how to develop the willingness and skills to practice safer sex in order to protect themselves. It is a response to opponents of sex education who use the AIDS crisis to demand that abstinence until marriage be taught as the only acceptable option. The manual, for use as a supplement to sex education curricula, stresses communication skills, responsible behavior, awareness of risky behavior, and ways to be sexual and safe. Lessons culled from the field and lists of various types of resources are included.

TEENS NEED TO KNOW ABOUT AIDS

Planned Parenthood Association of Champaign County, Education Department, 314 South Nell Street, Champaign, IL 61820, (217) 359-3418, 1987. Brochure. $10.00/50.

This brochure highlights key facts about the virus and provides a reference guide for teens as well as those who work with teens. Direct and clear.

# VIDEOS

**These videos have been previewed by PPFA national staff. The ratings are an average of individual opinions, and are included here for comparison and information, but are not meant to be an endorsement of any video listed.**

AIDS IN YOUR SCHOOL
Perennial Education, Inc., The Altschul Group, 930 Pitner Avenue, Evanston, IL 60602, (800) 421-2363, (312) 328-6700.
**Audience**: Early teens, late teens; Length: 23 minutes; Format: 3/4 inch, 1/2 inch VHS, 16 mm; Rental is $55.00 and purchase is $465.00/16 mm and $320.00/video; Rating (scale 0 - 5): 4.55; Shown at Film Festival: 1987, Previewed at PPFA: July 1987.

This video offers a comprehensive, upbeat approach to presenting a cross-section of the issues, designed for teens. Inclusion of various types of information -- PWAs, transmissibility, expert speakers and top-quality visual graphics for scientific aspects makes this a far-reaching vehicle, especially useful for junior/senior high school audiences.

AIDS: LEARN FOR YOUR LIFE
All Media Productions, Educational Division, 1424 Lake Drive SE, Suite 222, Box K, Grand Rapids, MI 49501, (616) 459-9703.
**Audience**: Early teens, late teens; Length: 25 minutes; Rating (scale 0 - 5): 3.25; Previewed at PPFA: April 1987.

An age-appropriate video for high school students. As this disease is changing the very fabric of our future -- our art, our movies, our medical and social structure, kids have a lot of changing and growing to do in the next five years if they are going to cope with the ramifications of AIDS. Instead of "scaring the pants off the kids," this video tries to empower students with facts. It explains to them that while the facts of AIDS are frightening, each one has the ability to avoid exposure to this deadly disease.

AIDS: REDUCING THE RISKS
American College Health Association, 15879 Crabbs Branch Way, Rockville, MD 20855, (301) 963-1100.
**Audience**: Late teens, adults; Length: 35 minutes; Format: 1/2 inch VHS; Purchase is $110.00 for member institutions, $150.00 for all others. Rating (scale 0 - 5): 4.41; Release date: 1987; Shown at Film Festival: 1988, Previewed at PPFA: December 1987.

Videotape focusing on AIDS prevention for young adults. Up-to-date facts about AIDS transmission and prevention. Explains how individuals can reduce the risks of AIDS by taking control of their personal behaviors. Appropriate for use as an introduction to stimulate discussion about risk reduction and safer sex. Suitable for college and high school students.

ALL OF US AND AIDS
Peer Education Health Resources, PO Box 3262, Minneapolis, MN 55403, (612) 823-6257.
**Audience**: Early teens, late teens; Length: 30 minutes; Format: 1/2 inch and 3/4 inch VHS; Rental is $10.00 and purchase is $225.00; Rating (scale 0 - 5): 3.64; Release date: 1987; Previewed at PPFA: December 1986.

About teenagers confronting a life-threatening disease and mastering the behaviors that can protect them. They learn, in the process, how to enjoy their lives as healthy individuals, friends and adults. Suitable for junior and senior high school, and early college audiences.

DON'T FORGET SHERRIE
The American Red Cross, 17 D Street NW, Washington, DC 20006, (202) 639-3220.
**Audience**: Early teens, late teens, adults, professionals; Length: 35 minutes; Format: Video; Contact local American Red Cross chapter; Rating (scale 0 - 5): 4.67; Release date: 1988; Shown at Film Festival: 1988, Previewed at PPFA: September 14,1988.

A disproportionate number of AIDS cases are being reported for Black and Hispanic Americans, mostly due to the presence of drugs in their communities. This film is designed to heighten awareness of the deadly link between IV drug use and AIDS for all inner-city youth.

DON'T GET IT! TEENAGERS AND AIDS
Human Relations Media, 175 Tompkins Avenue, Pleasantville, NY 10507, (800) 431-2050.
**Audience**: Early teens, late teens; Length: 30 minutes; Format: 1/2 inch VHS; $159.00; Rating (scale 0 - 5): 3.93; Release date: 1988; Previewed at PPFA: January 18, 1989.

The program opens with excerpts from the music video "Can't Love You Tonight" by Gwen Guthrie. The program focuses on how HIV is transmitted and how transmission can be prevented. Both abstinence and the correct use of condoms are presented as means of preventing sexual transmission. Not using intravenous drugs is discussed as the best means to prevent becoming infected through drug use.

DRUGS AND AIDS: GETTING THE MESSAGE OUT
State of the Art, Inc., Television and Film Production, 1736 Columbia Road NW, Suite 110, Washington, DC 20009, (202) 797-0818.
**Audience**: Late teens, adults, professionals; Length: 27 minutes; Format: 1/2 inch VHS, Beta and 3/4 inch; $30.00; Rating (scale 0 - 5): 3.74; Release date: 1988; Shown at Film Festival: 1988, Previewed at PPFA: June 30, 1988.

Demonstrates how a variety of communities are dealing with AIDS by issuing positive and constructive strategies. The message is that all members of a community have a role to play in AIDS education: clergymen, rescue workers, street educators, radio and TV producers, teachers, and physicians. This video is designed to help communities move beyond alarm to effective action. Produced by the same people who did "Personal Decisions."

I HAVE AIDS - A TEENAGER'S STORY
Children's Television Workshop, Producer: Susan Schwartz Lynn, 1 Lincoln Plaza, New York, NY 10019, (212) 595-3456.
**Audience**: Children, early teens, late teens, adults, parents; Length: 30 minutes; Format: 1/2 inch VHS; Rating (scale 0 - 5): 4.1; Release date: 1988; Previewed at PPFA: February 9, 1989.

The aim is to acquaint the audience with viruses - what a virus is, how it works - and then how the particular AIDS virus works, resulting in this deadly disease.

A LETTER FROM BRIAN
American Red Cross, 17 D Street NW, Washington, DC 20006, (202) 639-3220.
**Audience**: Early teens, late teens; Length: 29 minutes; Format: 3/4 inch and 1/2 inch; Rating (scale 0 - 5): 3.9; Release date: 1987; Shown at Film Festival: 1988, Previewed at PPFA: December 1987.

Features a vignette about the relationship between a teenage girl, Beth, and her boyfriend, Scott. Both are confused about their relationship after Beth receives a letter from a former boyfriend, Brian, telling her that he has contracted AIDS from sharing intravenous needles while using drugs.

SEX, DRUGS AND AIDS

ODN Productions, Inc, 74 Varick Street, Suite 304, New York, NY 10013, (212) 226-1083.

**Audience**: Early teens, late teens, adults, parents, professionals; Length: 19 minutes; Format: 3/4 inch and 1/2 inch; Rental is $60.00, purchase is $325.00; Rating (scale 0 - 5): 4.5; Release date: 1986; Shown at Film Festival: 1986, Previewed at PPFA: July 1986.

This video answers young people's questions about intercourse and condoms, IV drugs and shared needles, risk of infection, and safe contact. Gives the facts about a disease that's hard to catch.

THE SUBJECT IS AIDS

ODN Productions, Inc, 74 Varick Street, Suite 304, New York, NY 10013, (212) 226-1083.

**Audience**: Early teens, late teens, adults; Length: 18 minutes; Rating (scale 0 - 5): 4.4;

This is the newly edited version of a controversial film about AIDS. Documentary style segments illustrate, amplify, and reinforce the central message that young people can and must reduce their risk of getting AIDS. Hosted by Rae Dawn Chung.

TALKING WITH TEENS WITH JANE CURTIN

San Francisco AIDS Foundation, 333 Valencia Street, PO Box 6182, San Francisco, CA 94101-6182, (415) 861-3397.

**Audience**: Early teens, late teens, adults, parents, professionals; Length: 27 minutes; Format: 1/2 inch VHS; $65.00; Rating (scale 0 - 5): 3.5; Release date: 1988; Previewed at PPFA: April 6, 1989.

Presents facts on AIDS transmission and prevention in a classroom setting. Teens and parents are shown discussing AIDS in a variety of ways - some do's and don'ts are presented. A valuable focal points for any parent education group.

## PROGRAMS

**The information listed here has been submitted to PPFA by staff from the organization offering the program. For more information we encourage you to contact them directly.**

AIDS AND OTHER SEXUALLY TRANSMITTED DISEASES
Planned Parenthood of Wisconsin, Inc., 1046 North Twelfth Street, Milwaukee, WI 53233. Contact: Terri Couvenhoven, Community Educator, (414) 271-6033.

Basically an update on prevalent STDs with more time spent discussing concerns about AIDS. Emphasis is on strategies to prevent the spread of AIDS. Number of Sessions: 1; Hours per Session: 1.5 hours; Start Date: April, 1988 -- will be offered as a community event in the future; Participation Fee: $5.00; Funding Source: Agency; Recruitment Techniques: PSAs, mail out schedule of events; Follow up: Questionnaire; Target **Audience**: Teens or parents, but not both.

AIDS PEER EDUCATION WORKSHOP FOR TEENS (SECOND ANNUAL)
Planned Parenthood of Yakima County, 208 North Third Avenue, Yakima, WA 98902. Contact: Linda Coleman, Director of Community Education, (509) 248-3628.

The workshop is co-sponsored by the local Red Cross, the County health district and Planned Parenthood. It is designed to bring together teams from local school districts (teachers, counselors, teens and parents) in order to give area teens accurate information about AIDS, and to open communication between students and school personnel. Number of Sessions: 2/year; Hours per Session: 6 1/2 hours/session; Start Date: 1987; End Date: The first workshop was held in March 1988, a follow-up in November 1988; may continue these in 1989 also. Attendance: 85 in March, 105 in November. Participation Fee: $5.00, (includes lunch). Scholarships are available. Organizational Cost: Educator time, postage, clerical time; Funding Source: Donated services from other agencies, churches and private individuals; Recruitment Techniques: PSAs, flyers in the community, mail out announcements, letters to principals, health teachers, PTA presidents and school counselors; Follow up: Pre-test/post-test; Target **Audience**: Area high school and junior high school students.

AIDS PROJECT
Illinois Alcoholism and Drug Dependence Association, 859 West Wellington, Chicago, IL 60657. Contact: Bella H. Selan, MS., Director AIDS Project, (312) 472-0731.

#1) Addicts Helping Addicts Prevent AIDS (AHAPA) trains recovering addicts in treatment to educate their friends, other persons in the community and church groups about AIDS. Each group of recovering addicts has six members. There are six treatment program locations involved and the treatment is residential. At the end of six weeks (2 hours of lectures and workshops daily) they get a graduation certificate. They also get paid a very modest sum. This program is in its first year.

#2) HIVIES (HIV Information Exchange and Support groups) for persons who are HIV antibody positive and have a history of substance abuse. The first group formed meets weekly for 2 hours and other groups are in the process of formation. The groups can choose to operate on a 12-step model adapted for HIV or they can have facilitators lead a support group.

#3) IADDA regularly conducts training using the National Institute of Drug Abuse curriculum on AIDS. These 2 1/2 day workshops are aimed at substance abuse professionals. In addition we have trained 31 persons to be trainers (Training of the Trainers) in Illinois.

#4) Gives lectures, conducts workshops, and participates in panels on an ongoing basis.

#5) IADDA also has teenage and elementary school programs. Both populations are involved in AIDS workshops age-appropriately geared to their level of understanding. A play, written by an adolescent, is performed to lead off a discussion. Funding Source: AHAPA: U.S. Conference of Mayors.

THE GOOD SAMARITAN PROJECT - TEENS TEACHING TEENS ABOUT AIDS (TEEN-TAP)
Good Samaritan Project, 3940 Walnut, Kansas City, MO 64111. Contact: Ile Haggins, Director of Education, (816) 561-8784.

Initiated by a teenager, this program uses teens who volunteer or contribute as a way of satisfying a school requirement. They undergo 24 hours of training and then staff a hotline, present before community youth and church groups, and assist adult volunteers in making presentations to youth-serving professionals. The project hopes to establish chapters in all 50 states and will work with other groups in their states, providing technical assistance. Start Date: 1985; Funding Source: Robert Wood Johnson Foundation, local groups, private donors, United Way; Target **Audience**: Teens.

GOSHEN HIGH SCHOOL AIDS PEER EDUCATION PROGRAM
Goshen High School, 1 Redskin Road, Goshen, IN 46526. Contact: Carl Weaver, (219) 533-8651, Duane Cook, Elkhart County American Red Cross, (219) 293-6519.

A peer education program set up by classes of 11th and 12th grade "gifted" students. Students were trained and educated themselves and went on to work with junior and senior high school students in their county. The project evolved into a student-run research project gathering information on their peers' knowledge of sexuality. The results will be presented to their school board in hopes of contributing to institution of policy changes. Funding Source: Local school system; Follow up: Questionnaire; Target **Audience**: Teens.

PEER CONNECTION
Planned Parenthood - Los Angeles, 1920 Marengo Street, Los Angeles, CA 90033. Contact: Peer Connection Coordinator, (213) 223-4462.

Outreach program involving 14 through 18-year-old teens who are trained to provide information on family life issues including reproduction, decision-making, self esteem, birth control, AIDS, STDs, etc. Start Date: Ongoing; Participation Fee: Free; Target **Audience**: Junior and senior high school students, PTAs, youth clubs, church and community groups, etc.

PILSEN CATHOLIC YOUTH CENTER AIDS PEER EDUCATION PROGRAM
Pilsen Catholic Youth Center, 1546 West 21st Street, Chicago, IL 60608. Contact: Altagracia Perez, Associate Director, (312) 266-2700.

A group of high school students have been trained to lead AIDS information sessions with their peers. Sessions run approximately 90 minutes and include a video showing. These students have also developed a poster and a brochure with basic information that will be available as of July 1988. Number of Sessions: 25 sessions ; Hours per Session: 1.5 hours; Start Date: October 1, 1988; End Date: October 15, 1988; Attendance: 10-25 teens; Participation Fee: None; Organizational Cost: $38,000.00; Funding Source: Government; Recruitment Techniques: Ads, posters, flyers in community, identified participants through high school; Follow up: Pre/post-test; Target **Audience**: Teens, especially inner-city Hispanics.

PROJECT STREET BEAT
Planned Parenthood of New York City, 380 2nd Avenue, New York, NY 10010. Contact: Barbara Agatstein, (212) 777-2002.

An outreach program designed to reach outer borough (Bronx) high risk teens, including juvenile prostitutes. A van is used, providing the following services: emergency food, escort services for emergency medical treatment, condom distribution, emergency clothing, and AIDS education. Clients will be referred to The Hub for further services. Start Date: Ongoing; Participation Fee: Free; Target **Audience**: Teen prostitutes, high risk teens, and other teens in the Bronx.

TALKING TO TEENS ABOUT AIDS

Planned Parenthood of Northeast Pennsylvania, PO Box 813, Trexlertown, PA 18087-0813. Contact: Susan Spry, Director of Education, (717) 829-0490.

This program is designed to inform students of the symptoms, modes of transmission and prevention of AIDS. Format will include lecture, a video and activities to help students understand and protect themselves from the AIDS virus. Number of Sessions: 1; Hours per Session: 1 hour; Start Date: Ongoing on request; Participation Fee: $25.00; Organizational Cost: $25.00 - $30.00/program; Funding Source: Fee-for-service; Recruitment Techniques: Word-of-mouth; Follow up: Questionnaire, pre- and post-tests; Target **Audience**: Teens.

TEEN TEATRO AIDS PREVENTION PROJECT (TEEN TAPP)

East Los Angeles Rape Hotline, Inc., PO Box 63245, Los Angeles, CA 90063-0245, 1988. Contact: Christine Reyes, Project Assistant, (213) 726-2201.

The goal of the Teen Teatro AIDS Prevention Project is to raise the level of awareness about AIDS, its transmission and prevention among young Latinos in Los Angeles County. This is done through an educational, bilingual, dramatic presentation which is performed by trained and knowledgeable teen community educators. Number of Sessions: 1; Hours per Session: 1 hour; Start Date: February 1988; End Date: July 1988; Participation Fee: None; Funding Source: US Conference of Mayors, Fee-for-service; Recruitment Techniques: ads, posters, flyers in community, mail out schedule of events; Follow up: Pre-test/post-test; Target **Audience**: Latino youth (ages 13-21).

TEENS AGAINST AIDS (TAA)

St. Augustine's College, Room 207, 1315 Oakwood Avenue, Raleigh, NC 27611. Contact: Angela Cloud, (919) 828-4451 Ext. 291, Patricia Horan, (919) 737-2253.

A program to train teens to teach their peers about AIDS. Teens are trained for 12 hours; training includes contact with PWAs. They then go on to teach other teens at church or youth groups, in housing projects, etc. Emphasis is on one-to-one education when possible. Peer educators work 10 hours a week and are paid $4 per hour. Start Date: Ongoing, since 1987; Funding Source: Government and Children's Fund of the American Association of School Psychologists; Follow up: Pre-test/post-test; Target **Audience**: Teens.

TEENS FOR AIDS PREVENTION (TAP)

Center for Population Options, Suite 1200, 1012 14th Street NW, Washington, DC 20005. Contact: Patricia Dietz, (202) 347-5700.

Twelve students each from two DC high schools were chosen as peer educators. They participated in a 2-month training which included meeting with a PWA. Then they instituted a variety of activities within their schools: skits, "rap" music compositions, assemblies, poster, ad, button, pamphlet, and sticker design and distribution, and an information bulletin board, and informal discussion groups. Peer educators are paid a stipend of $200 for participating. Funding Source: Foundation; Follow up: Pre-test/post-test; Target **Audience**: High school students.

# HOTLINES

**National 800 Numbers:**

AIDS Crisisline (Information on relevant organizations).....(800) 221-7044

National VD Hotline.....(800) 227-8922

US Public Health Service.....(800) 342-AIDS
Spanish (800) 344-7432
TTY-TDD (800) 243-7889

National Gay Task Force.....(800) 221-7044
(General Information) (800) 767-4297 or SOS-GAYS

US Department of Health and Human Services.....(800) 342-2437
(General Information)

Drug Abuse Information.....(800) 662-HELP
Spanish (800) 66A-YUDA

AZT Information.....(800) 843-9388

**Regional Centers:**

HERO.....(800) 638-6252 (from Maryland only)
or (301) 945-AIDS

Gay Men's Health Crisis, New York City.....(212) 807-6655

State of California.....(800) 982-5883

Los Angeles Area.....(213) 871-AIDS

Southern California.....(800) 922-AIDS

Northern California.....(800) 367-AIDS

New York City Area.....(718) 485-8111 or (718) HTL-V111

New York City Area Children and Youth.....(212) 430-3333

**Call your local or state health department for hotlines in your area.**